Be on time to class (or a little early)

Know your preferred learning style\(^1\), and identify barriers to learning

Be familiar with the learning objectives before you come to class

Breakdown complex learning tasks into a discrete series of hierarchical steps, prioritize learning tasks, and focus on one task at a time

Regularly monitor your own performance, both in and out of class, and make appropriate adjustments in your “cognitive resource pool”, as needed.

Plan for greater investments of time and energy when dealing with difficult concepts

Pre-read the textbook before coming to class

Anticipate difficult material and/or instructors with better preparation

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\(^1\) Visit [http://www.howtolearn.com/personal.html](http://www.howtolearn.com/personal.html) or search the web for other tools on “learning styles”